

Day Program Questions

Response from The ARC of Amador and Calaveras - Amador Day Program

1. What is the ratio of consumers to staff?

4:1

2. Does the program have a behavioral component?

Yes

3. Does the program have an education component?

Yes

4. Staff qualifications, such as fluent in Spanish, ASL, PECS, etc?

We have a Spanish speaking staff, an ongoing sign language class and currently have one person served who uses PECS. We are members of the Tolerance Peer Review Team that meets monthly at the San Andreas VMRC office.

Some of the trainings attended by our staff recently include:

- People based safety
- Defensive Van Driving
- Benefits and Employment in 2006 (our DD population)

5. Is there medical staff on site?

We attend a variety of VMRC trainings and all staff are trained in CPS, First Aid and use of defibrillator - we have onsite.

6. Can the facility accommodate wheelchairs, diaper changing?

Yes

7. Does the program have an arts component, if so, which arts, music, dance, theater, crafts?

Yes

- FAME Class: The study of classic art and the music of that period.
- Cultural Art Class: the study of the cultures of different countries, their art and sampling of their foods.
- Music Class: Group harmony
- Drama Club: Group of people served who are writing, producing their own play with staff facilitation.

- Art Classes: Using different mediums including paint, pencil, pastels, and clay. Artists sell their pieces at the yearly ARC Bazaar and this year at an Art Show that will be combined with a Chamber of Commerce event.

8. Does the program have a sports component, if so, which sports?

After-hours bowling through recreation program.

9. How often do consumers have community outings - daily weekly, monthly, seldom, never?

Daily

10. How often to consumer have overnight outings - monthly, quarterly, seldom, never?

Seldom, with reduction of VMRC recreation funding.

11. How do program participants get to and from program?

Public transportation and vendored transportation.

12. Is public transportation used daily, weekly, monthly, seldom, never?

Daily

13. Does the program offer supported employment?

Yes

14. Does the program offer work groups (enclaves)?

No, but we have contracts in the community and people served are paid minimum wage.

15. Do the consumers do volunteer work through the program?

Yes

16. Does the program offer supported living training?

Yes

17. Does the program offer supported or independent living assistance?

Yes, through the ARC Whole Life Services.

18. Can a consumer attend less than 35-40 hours per week? (Part time)

Yes

19. Does the program offer evening and/or weekend activities?

Yes, through the ARC's Steppin Out program

20. Does program offer life skills training (money handling, traffic safety)?

Yes, Money management, meal planning and prep, Self Care, Employment skills, Relationships, Community Integration, Safety & Personal Skills.

21. Do consumers have computer access? If so, for games? internet access?

We have a computer lab complete with 8 computers and software for education and games. All of the computers have DSL internet access.

22. Does program participate in Special Olympics?

Our Calaveras program has been involved the last couple of years.

23. Does program have own source of transportation?

The Amador site has five vans for transportation.

24. What are the regular program hours?

9:00 am to 3:00 pm

25. What other community resources/business are located around the program site?

Recycling center is across the street and a local gym that we belong to is two blocks away. A block away is Independence High School that we interact with during the holidays. The bowling alley is a block away.

26. What is the program's involvement in the self advocacy movement?

Our people served have their own group called Abilities First and own and operate their own vending and recycling program. Last year the group made over \$2500.00. They meet monthly and plan all of their parties and decide if and when they want to donate time or money in the community. They are active each year in the Christmas to remember program in the community.

27. Does the agency employ people with developmental disabilities?

We currently have two people with developmental disabilities on the ARC board but no employees.

28. Info about the umbrella organization - how many programs, etc, is the agency private, for profit, or non-profit with a volunteer Board of Directors, is the agency local or headquartered in another area.

The ARC of Amador and Calaveras:

Day programs in Amador and Calaveras County

Each county has a recreation program that offers services in the evenings and weekends. Whole Life Services is our Supported Living program that is located in Jackson but serves both Amador and Calaveras.

Both counties have a Supported employment program that currently has over 30 people employed. (This in one of the most successful SE programs in the state.)

29. What are the typical demographics of your program?

We have a predominantly Caucasian community with a small population of Hispanics and Native Americans. In Amador we have two people currently who use wheelchairs and one uses a walker. We are currently licensed for two wheelchairs.

30. How does the program view and relate to personal relationships between participants?

Our mission speaks of providing support and services to persons with developmental disabilities so they can better learn, work, live, and recreate in the mainstream of life. Relationships make up the core of who we are and thus we recognize the importance of the people we serve to develop and nurture successful relationships.