



Self-Determination Advisory Committee Agenda

Date: Wednesday December 14th, 2016

Time: 10:00 a.m. – 12:00 p.m.

Location: Alta California Regional Center; 2241 Harvard Street Suite 100 Sacramento, CA 95815

Conference Room: Brenda Smith

Phone Number: 916-978-6400

Call in Number: The conference call phone number is (916) 978-6560. There is no pin associated with this call number. You can dial this number and you will be immediately connected. Should you have any issues with connecting to this line, please contact Lisa West at (916) 978-6245.

| Agenda Item | Owner |
|--|------------------|
| Call to Order – Welcome & Introductions (10:00 a.m.) | Lisa Cooley |
| Approval of Agenda & Minutes from previous meeting | Lisa Cooley |
| FMS presentation (Premier Healthcare Services) | Joseph Hernandez |



| | |
|---|--|
| Statewide Self Determination Meeting on 10/27/16 | Jason Lindo & Sonya Bingaman |
| Update on Current Count of Clients Registered in SANDIS | Jason Lindo |
| Outreach Efforts by Committee Members | Joyce McNair |
| Independent Facilitator Training Sub-Committee | Carol Watilo |
| Public Comment Period | This item is for members of the public only to provide comments and/or present information to the SDAC on matters not on the agenda. Each person will be afforded up the three minutes to speak. Written requests, if any, will be considered first. |
| Open Discussion on any issues related to Self-Determination Program | |
| Dates for Future Meetings | |
| Identify agenda items for next meeting | |
| Adjournment (12:00 p.m.) | |

Alta California Regional Center
 Self-Determination Committee Meeting
 Wednesday September 14th, 2016
 10:00 A.M. to 12:00 P.M.
 Minutes

| Members Present: | Members Absent: |
|---|------------------------|
| Stacy Shaw SA | Nancy Libby FA |
| Lisa Cooley SA | Carole Watilo SP |
| Joyce McNair FA | Lana Knyazev SP |
| Brittnee Gillespie DRC | Christian Griffith FA |
| Margaret Lamb FA (via phone) | Kimberly Terrell SA |
| Luis Rivera FA | Nina Iliff FA |
| Others Present: | |
| Jason Lindo, ACRC | |
| Robin LeMay (Support Staff), ACRC | |
| Sonya Bingaman, SCDD | |
| Phil Bonnet, ACRC | |
| Legend: SA – Self-Advocate, FA – Family Advocate, SP – Service Provider | |

1. Call to Order by Lisa Cooley, Chair

- Welcome & Introductions (10:00 A.M.)

2. Approval of Agenda & Minutes (from June 8th, 2016)

- It was moved/seconded and carried to approve the agenda and minutes. No Abstentions.
- Members requested in lieu of emailing the minutes one week in advance for review, to have copies available during the meeting.

3. *Number of Clients Signed up for Self-Determination List – Jason Lindo*

- When the Self-Determination Advisory Committee met on 6/8/16, Alta had 1,751 clients signed up for the Self-Determination Interest List.
- As of yesterday (9/13/16), Alta has 1,992 clients signed up (241 more clients).
- Some feedback from families has been that they are not interested in signing up until there is a clear picture as to what the program will look like.
- Alta has been letting families know that there is no harm in signing up for the interest list and they aren't obligated to participate if they do.

4. *Outreach Planning with State Council & ACRC – Jason Lindo*

- Jason Lindo and Sonya Bingaman will start working together in the beginning of October on creating a joint presentation about Regional Center Services and Self-Determination.
- Self-Advocates and Family-Advocates are invited to join in on the presentation.
- Plan to outreach to the following community's:
 - Special Education Local Plan Area (SELPA's)
 - Russian community
 - Spanish community
 - Middle Eastern community
 - Native American community
 - American Sign Language (ASL) community
- Will need to coordinate translators to assist with some of these presentations.
- Lisa Cooley noted that she would be willing to sit and talk with anybody that needs to discuss developmental disabilities.

5. *Update on Trainings & Self-Determination Waiver – Jason Lindo*

- There is no movement on the waiver right now.

- Hoping to have the waiver submitted by the end of November.
- Once the pilot project starts, there will likely be a Medi-Caid Waiver audit each year which will help weed out what is allowable and what is not.
- What the program looks like when we start, will most likely not be the same once it's fully established.
 - DDS Trainings
 - 1915i State Plan Amendment (Home & Community Based Services).
 - ACRC is attending the September 29th training.
 - Until this training is done, there will most likely not be any movement on the Self-Determination Waiver.
 - ACRC is hoping that during this training, DDS might be able to provide a brief update on Self-Determination.
 - Self-Determination
 - Training materials were supposed to be provided by DDS on July 31st, but nothing has been released yet.
 - Not sure when training materials will be provided.
- LA 50 Celebration
 - Phil Bonnet announced that Alta is hosting a celebration of the 50th anniversary of the Lanterman Act on October 15th from 11 a.m. to 2:30 p.m.
 - Phil invited the Self-Determination Committee to set up a booth at the event as it could be a good place for people to sign up for the interest list.
 - Lisa Cooley and Jason Lindo agreed to participate in setting up a booth at the celebration.

6. Outreach Efforts by Committee Members – Joyce McNair

- Network Café
 - Joyce McNair noted that she discusses Self-Determination at the monthly meetings which are comprised of 100 representatives from different organizations in which many of the agencies serve regional center clients.

- Ryan Bradley (Attorney from DRC) mentioned that Legal Services of California and Community Colleges would be good resources to reach out to.

7. *Independent Facilitator Training Sub-Committee – Carole Watilo*

- Carol Watilo was not in attendance.
- Sonya Bingaman noted that when the committee last met, Carol Watilo advised that the training was on hold.
- Jason Lindo stated that it's hard to review training as we don't know what will be modified once the waiver is signed.

8. *Public Comment Period*

- Public attendee inquired about suggestions to include curriculum about autism in the Licensed Clinical Social Workers (LCSW) program.
- Lisa Cooley suggested to contact the Mind Institute to see if they would be willing to provide training.
- Joyce McNair and Jason Lindo suggested that she could also reach out to Sac State to see about starting a pilot program.
- Sonya Bingaman passed around flyers for two upcoming events:
 - Supported Life Conference (Oct 6th & 7th).
 - PAC Regional Meeting (October 29th).

9. *Open discussion on Self-Determination:*

- Stacy Shaw inquired what the age range was for children to be eligible for services.
- Committee members advised that the age range is 3 and above.
 - Self-Determination Trainings/Information
 - Jason Lindo brought up the idea of providing Person Centered and Financial Management Services (FMS) training at upcoming meetings.
 - The group agreed that Person Centered Training should be provided next year.

- Jason Lindo noted that he would like to get more public attendance as the numbers have dwindled since the SDAC first started.
- Jason Lindo is hoping that by our next meeting to have the two vacant committee member positions filled.

10. *Dates for Future Meetings:*

- The SDAC committee will continue to meet quarterly on the second Wednesday of the month.
- The next meeting will occur on December 14th, 2016 at Alta California Regional Center.
- Once the waiver is passed, the Self-Determination Advisory Committee should meet more frequently.

11. *Identify agenda items for next meeting*

- FMS presentation from Premier Healthcare Services (Joseph Hernandez)

12. Meeting adjourned at 11:30 A.M.

Navigating Financial Management Services (FMS)

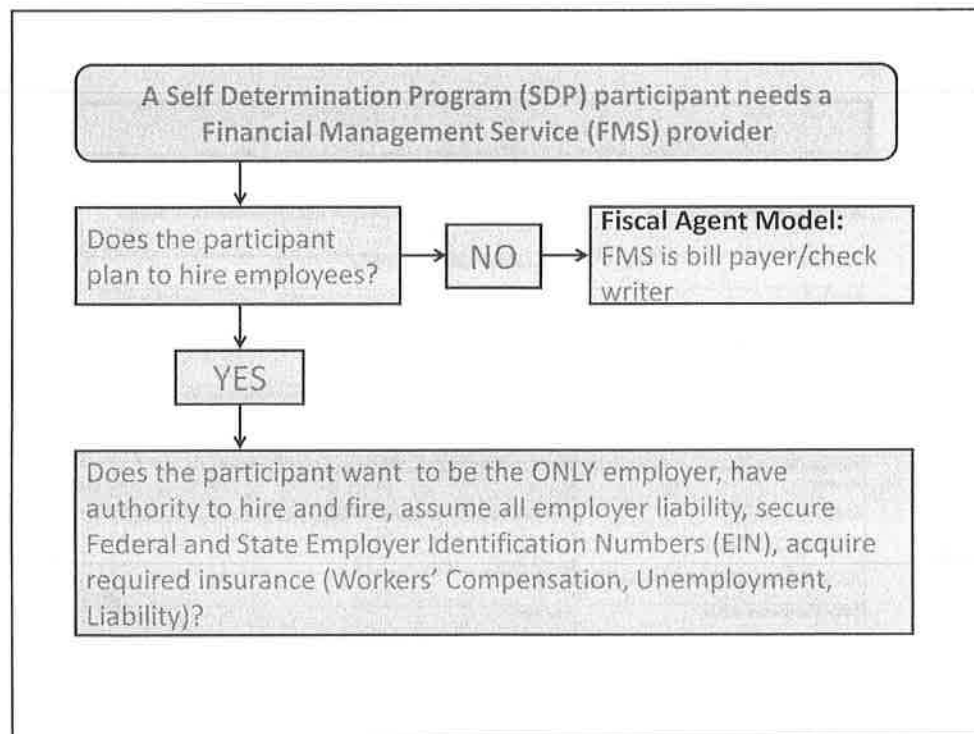
Presented by: Joseph Hernandez

Content provided courtesy of Community Interface Services

Participants of the **Self-Determination Program (SDP)** are required to use a **Financial Management Service (FMS)** provider. Participants pay the FMS provider a fee from funds allocated through their individual budgets.

Depending on the model, the FMS provider:

- Receives, tracks and disburses funds based on the participants' approved plans and individual budgets
- Processes payroll, withholds taxes
- Ensures compliance with laws
- Assists in verifying provider qualifications
- Prepares and distributes monthly individual budget statements/expenditure reports
- Maintains source documentation



NO Co-Employer Model

- Participant shares employer responsibility with the FMS provider, FMS provider is the Employer of Record, participant is the managing employer.
- Participant has authority to hire and fire within SDP protocols, labor laws, and FMS provider criteria
- FMS provider has primary employer liability
- FMS provider has Federal and State Employer Identification Numbers (EIN)
- FMS provider maintains required insurance, participant pays for insurance costs out of individual budget
- Participant's budget may need to cover employee Medical Insurance costs

Questions?



Excerpts from SB 468 that describe the role of the financial management services

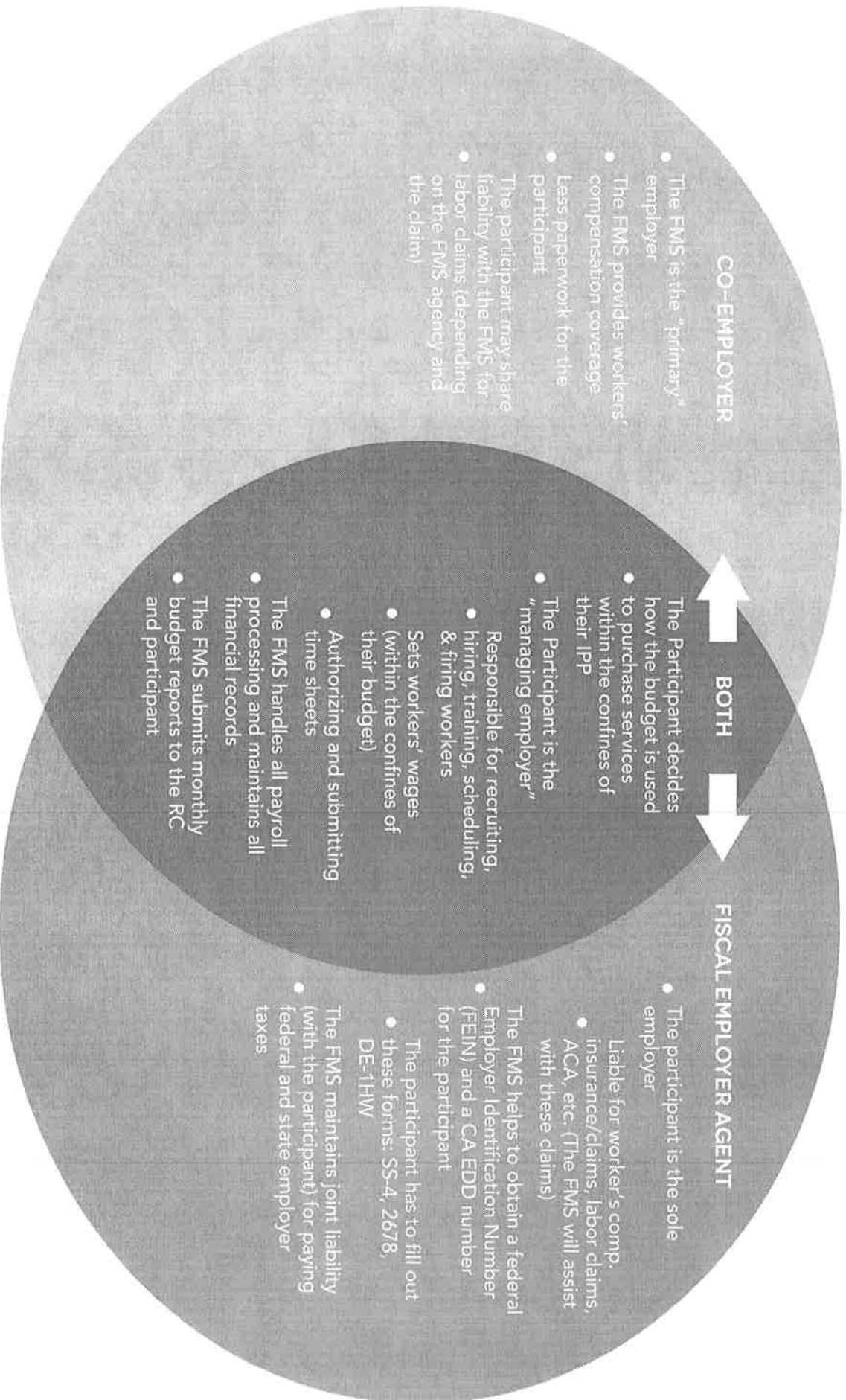
(1) "Financial management services" means services or functions that assist the participant to manage and direct the distribution of funds contained in the individual budget, and ensure that the participant has the financial resources to implement his or her IPP throughout the year. These may include bill paying services and activities that facilitate the employment of service and support workers by the participant, including, but not limited to, fiscal accounting, tax withholding, compliance with relevant state and federal employment laws, assisting the participant in verifying provider qualifications, including criminal background checks, and expenditure reports. The financial management services provider shall meet the requirements of Sections 58884, 58886, and 58887 of Title 17 of the California Code of Regulations and other specific qualifications established by the department. The costs of financial management services shall be paid by the participant out of his or her individual budget, except for the cost of obtaining the criminal background check specified in subdivision (w).

(u) The financial management services provider shall provide the participant and the regional center service coordinator with a monthly individual budget statement that describes the amount of funds allocated by budget category, the amount spent in the previous 30 day period, and the amount of funding that remains available under the participant's individual budget.

(v) Only the financial management services provider is required to apply for vendorization in accordance with Subchapter 2 (commencing with Section 54300) of Chapter 3 of Title 17 of the California Code of Regulations, for the Self-Determination Program.



FINANCIAL MANAGEMENT SERVICES (FMS)



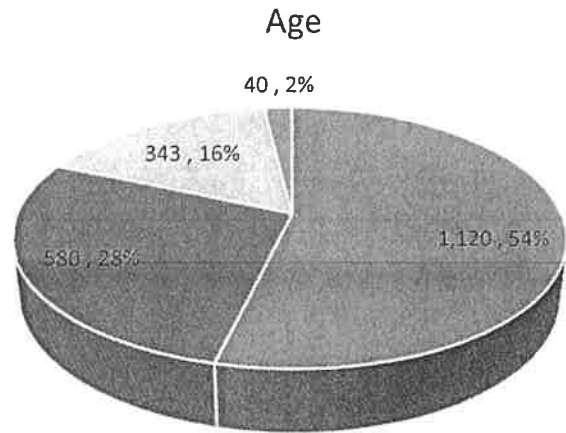
Self-Determination Presentations
in ACRC catchment area
2017

| Date | Location/comments | Sign up to assist with event |
|--------|---|------------------------------|
| | ACRC Sacramento | |
| | ACRC Woodland Office (small conference room) | |
| | ACRC Yuba City Office | |
| | ACRC Roseville Office | |
| | ACRC Truckee Office (very small office) | |
| | ACRC South Lake Tahoe Office | |
| | ACRC Placerville Office (maybe at More Rehab.) | |
| | ACRC Grass Valley | |
| | SCDD Sacramento | |
| | Spanish speaking group (Yvonne) (JL to contact) | |
| | Russian speaking group (Lana, SC) (JL to contact) | |
| 2/2017 | Korean speaking group (Dr. Cho) (JL to contact) | |

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| | | |
| | SELPA or Special Ed CACs | |
| | Transition Events | |
| | UCD Mind Institute (SB to contact) | |
| | FEAT (SB to contact) | |
| | Regional PAC Meeting (already been done by self-advocates and SCDD but could do again) | |
| | Self-Advocacy Conference in May (already been done by self-advocates and SCDD but could do again) | |
| | Supported Life Conference in October (already been done by self-advocates and SCDD but could do again) | |
| | Group arranged by Joyce McNair in Spring | |
| | Vendor Forum Training (Community Services) | |

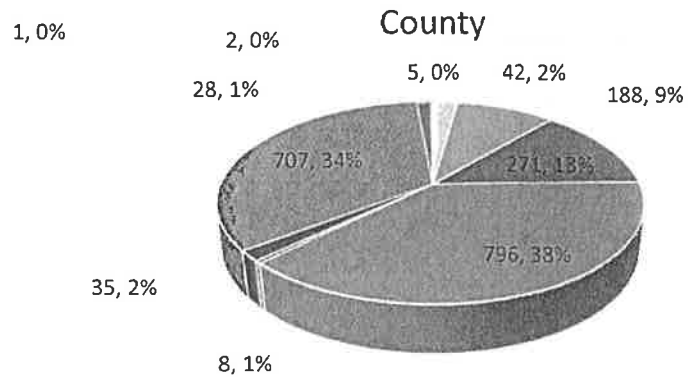
Clients Interested in Self Determination as of 12/14/2016

| Age | Count |
|-----------|-------|
| Age 2-17 | 1,120 |
| Age 18-30 | 580 |
| Age 31-60 | 343 |
| Age >60 | 40 |
| Total | 2,083 |



Age 2-17
 Age 18-30
 Age 31-60
 Age >60

| County | Count |
|------------|-------|
| Alpine | 2 |
| Colusa | 5 |
| El Dorado | 42 |
| Nevada | 188 |
| Placer | 271 |
| Sacramento | 796 |
| Sierra | 8 |
| Sutter | 35 |
| Yolo | 707 |
| Yuba | 28 |
| Other | 1 |
| Total | 2,083 |



Alpine
 Colusa
 El Dorado
 Nevada
 Placer
 Sacramento
 Sierra
 Sutter
 Yolo
 Yuba
 Other