#### **OUR SERVICES**

The Family Empowerment Center serves families of children and young adults to age 22 with any disability in Lassen, Modoc, Plumas and Sierra Counties.

Disabilities can include any special needs or challenges in these areas:

- Physical
- Developmental
- ♦ Emotional
- Learning
- ♦ Behavioral

Our Family Empowerment Center services include:

- Providing information on your child's disability
- Advocating for your child with their Individual Education Plan (IEP), 504 Plan or Student Study Team (SST) process
- Connecting families with similar challenges
- ◆ IEP Clinics
- Homework strategies
- Resource & Referral
- Lending library resources: books,
   videos & assistive technology devices

# Serving Lassen, Modoc, Plumas & Sierra Counties

#### **Modoc & Lassen Counties**

Anne O'Hern (530) 708-2557 aohern@plumasruralservices.org

#### **Plumas & Sierra Counties**

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Serving People, Strengthening Families, Building Communities

www.plumasruralservices.org

# Family

# **Empowerment**

# Center



## WELCOME

As the parent, guardian or family member of a child or young adult with a disability, you are that child's most important advocate.



**Advocate:** a supporter or defender—someone who speaks on behalf of another



Plumas Rural Services' Family
Empowerment Center is an equal
opportunity service provider and does not
discriminate against clients or volunteers
on the basis of race, color, religious creed,
ancestry, national origin, age, sex
(including pregnancy, childbirth or
related medical conditions), marital status, sexual orientation, medical condition or disability.

### **VISION**

**Through** community outreach and trainings, peer support and caregiver education, the **Family Empowerment Center** will work to build communities by empowering parents and guardians through knowledge, skills, and motivation to ensure a greater sense of confidence when advocating for their children and young adults with diverse disabilities.





### **OUR GOALS**

- Ensure children and young adults with disabilities are provided with a free and appropriate education (FAPE), receiving support, modifications, accommodations and services
- Work collaboratively with schools and community-based organizations
- Assist parents with understanding their child's disabilities, educational and developmental needs
- Advocate for caregivers in their communication with schools and community programs
- Assist caregivers in obtaining information and participating in school reform and decision making

