



Person Centered Planning

Information provided
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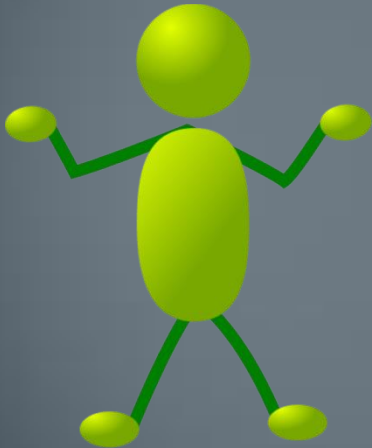
Person Centered Planning

WHAT IS IT?

(from Bill Allen's document *It's My Choice*)

Person Centered Planning isn't so new and it isn't hard to do. It's really as easy as listening to people with developmental disabilities (or their families if someone is very young) about things like:

- Where to live;
- How to spend time each day;
- Who to spend time with; and,
- Hopes and dreams for the future.





It's also about supporting people in the choices they make about their life.

That can be the hard part!

Person Centered Planning

How it is about the PERSON?

- Person Centered Planning is one way of figuring out where someone is going (life goals) and what kinds of supports they need to get there. Part of it is asking the person, their family, friends and people who work with him or her about the things he or she likes to do (preferences) and can do well (strengths and capabilities).
- It is also finding out what things get in the way (barriers) of doing the things people like to do.
- If people can't talk for themselves, then its important to spend time with them and to ask others who know them well.

Important things to remember about Person Centered Planning...

- People with intellectual/developmental disabilities (or their families and friends if they can't speak for themselves) are in the driver's seat; and,
- It's about *SUPPORTING THE MANY DIFFERENT WAYS THAT PEOPLE CHOSE TO LIVE.*

YOU DECIDE!



From the Department of Developmental Services & then Governor Gray Davis

From the document entitled *Person Centered Planning Building Partnership and Supporting Choices* 2001 document.

“Person Centered Planning is an approach to determining, planning for and working toward the preferred future of a person with developmental disabilities and her or his family”.

- Preferred Future means- the preferred future of consumers and their families is determined by finding out what their life goals, capabilities and strength, preferences, concerns or problems are”

State of California

Department of Developmental Services

Values

The Department's efforts to design and implement a system of individual program planning (IPP) that embodies an approach centered on the person and family are based on the following values:

- Empowerment and choice
- Diversity
- Family Support
- Community Integration
- Teamwork
- Accountability

How this ties in with Self Determination

- Person Centered Planning is REQUIRED for Self Determination!
- A Person Centered Plan (PCP) can be more comprehensive than a tradition IPP
- A PCP can help identify Unmet Needs and develop a plan on how to meet those needs.
- PCP is in the Lanterman Act (Welfare and Institutions Code Section 4646(a) & 4646.5 (c) } and can be used now.



Person Centered Planning

Who should know about this?

- Self Advocates
- Families
- Teachers & Aides (especially for transition age students)
- Regional Center Management
- Regional Center Service Coordinators
- Service Providers (supported living, residential services providers and day programs)
- Direct Care Professionals

Person Centered Planning Resources

State of California
Department of Developmental Services

Search Results

About 338 results (0.32 seconds)

Person-Centered Planning
File Format: PDF/Adobe Acrobat
Person-Centered Planning (Building Partnerships and Supporting Choices) consists of excerpts taken from the IPP Resource Manual to facilitate consumers and ...
www.dds.ca.gov/Publications/docs/Person_Ctrd_Planning.pdf

Examples of Person-Centered Planning
File Format: PDF/Adobe Acrobat
Personal Profile and Positive Futures Plan. A meeting was held on date using **person-centered planning** processes and group graphs to generate a personal ...
www.dds.ca.gov/RC/docs/IPP_Manual_Chap4a.pdf

Individual Program Planning
Oct 23, 2007 ... Individual Program Planning. **Person-centered individual program planning** assists persons with developmental disabilities and their families to ...
www.dds.ca.gov/RC/RCipp.cfm

Person-Centered Planning
File Format: PDF/Adobe Acrobat
Goals. S-1. • List the things you can learn about an individual when using **person-centered planning**. • Get ready for a **person-centered planning** team meeting.
www.dds.ca.gov/DSPT/Student/StudentYear2_2.pdf

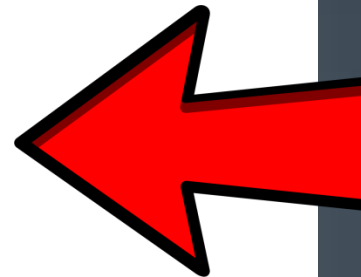
From Process to Action, Making Person-Centered Planning Work ...
File Format: PDF/Adobe Acrobat
Person-centered planning assists consumers and their families build ... The planning process focuses on the person and the person's dreams for a preferred.
www.dds.ca.gov/Publications/docs/From_Process_to_Action.PDF

Person-Centered Planning
File Format: PDF/Adobe Acrobat
ear 2, Session 2: **PERSON-CENTERED PLANNING. TRAINER RESOURCE GUIDE.**
Materials. • LCD projector and computer. • Flash Drive. • Chart paper.
www.dds.ca.gov/dsp/Trainer/TrainerYear2_2.pdf

Training Guidelines
File Format: PDF/Adobe Acrobat
TRAINING GUIDELINES. Person-centered planning is both mandatory and value-based. This training is designed to help planners to strike the delicate balance.
www.dds.ca.gov/RC/docs/IPP_Manual_Chap6.pdf

PERSON-CENTERED PLANNING: REFERENCES Allen, W.T. ...
File Format: PDF/Adobe Acrobat
Page 1. **PERSON-CENTERED PLANNING: REFERENCES.** Allen, W.T. & Shea, J. (1991). This is your life! A Guide to the Person-Centered Planning Process ...
www.dds.ca.gov/RC/docs/IPP_Manual_References.pdf

Format and Instructions
File Format: PDF/Adobe Acrobat
describes the components of the standard process and format for **person-centered individual program planning.** This section also contains instruc- Cha p ter 3.
www.dds.ca.gov/RC/docs/IPP_Manual_Chap3.pdf

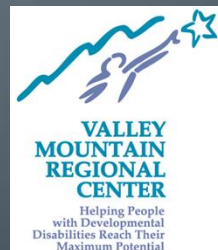


There are lots of resources on Person Centered Planning! These are just a few!

What can the VMRC Self Determination Advisory Committee do to educate people on Person Centered Planning?

(Dena's random thoughts)

- Find out what training is happening and what is needed for the people identified as needing this information. (self advocates, families, VMRC staff, VMRC vendors)
- Bring a Person Centered Planning Expert to the area to give a training- example might be Bill Allen ...(he lives close)
- Collaborate with SCDD, Self Advocacy Council 6, Coalition of Local Area Serve Providers (CLASP), CHOICES Institute, Disability Rights CA-OCRA, and Family Resource Network to get the word out.



Thoughts/ Questions/ Next Steps?

