

PERSON-DRIVEN PLANNING RESOURCES

For strategies, examples, and templates:

Take Charge! Leading the Transition to Adulthood

<http://interwork.sdsu.edu/sp/takecharge/>

GUIDING PRINCIPLES

1. The individual is in charge: he/she decides who attends the meeting, where it is held, and what goes on their plan. They have “veto” power; that is, if someone suggests a goal or activity that isn’t agreed to by the individual, it doesn’t go on the plan.
2. The meeting must be voluntary for all attendees – and everyone must agree to stay for the whole meeting.
3. A prep-meeting is held to interact with the focus person and family to determine the reason for the meeting and how to best support the individual to be fully engaged.
4. Everyone must attend a meeting with an open mind, allowing for the opportunity to think in new ways, investing in a different way to dream and attain dreams.
5. Action plans and commitment to follow up, with designated points of contact, must be created.
6. **Above all, share ideas that are positive and possible!**

Individuals become self-determined when they are empowered to make choices that match their interests.

~ Martin, Woods, Sylvester, & Gardner, 2005

Additional web resources:

<http://rtc.umn.edu/docs/pcpmanual1.pdf> (manual for facilitators)

<http://personcenteredplanning.org/>

<http://www.pacer.org/tatra/planning/personal.asp>

<http://www.inclusion.com/planningtools.html>