

save the dates

CHOICES Annual Conference April 7, 2017, registration fees due by March 11, 2017.

Supported Life Annual Statewide Self-Advocacy

Conference May 5-6, 2016.

“Mo Stuff” Thrift Store

Work continues in preparation of the opening of the “Mo Stuff” Thrift Store that will be opening soon. Consumers and staff have been working hard to see that everything is ready to go when the store opens soon! We encourage everyone to drop by and visit when the store opens. There’s many hidden treasures to be found!

We had over 500 individuals attend our SAC 6 Annual Area Meeting!

This Chatter Newsletter has been brought to you by: Lisa U

SAC 6 Chatter

Newsletter December, January, February

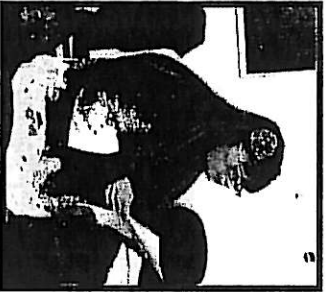
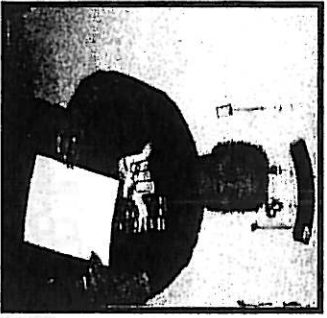
Mission Statement

Our mission is to help start and support local chapters. We will learn, inform, discover and keep lines of communication open between people who make decisions that impact the lives of people with developmental disabilities.



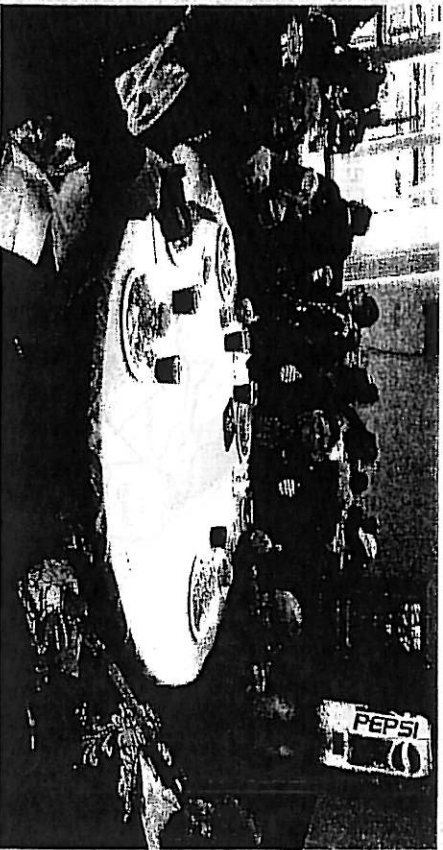
December 2016

Sac 6 members gave speeches for council officer positions. Voting took place and new officers were announced.



Christmas Party ODS Style.

ODS held their Annual Christmas Celebration for the consumers on December 22, 2016. Many consumers exchanged gifts with other consumers in their group. Instead of traditional Christmas Fare, consumers and staff enjoyed a 'Build your own Waffle Brunch'. Consumers could choose from many sweet and delectable toppings. If that was not enough, the waffles were complimented with eggs, sausage and bacon! Later, everyone danced the



Supported Life Conference 2016

On October 5 & 6, 2016 I attended the Supported Life Conference in Sacramento. I attended several sessions and learned a lot at the conference. It was really exciting to see people from my area as speakers. I saw Beverley Legault, from Creative Support Alternatives, in Murphys and Mary Ellen Sousa, from Creative Support Alternatives, in San Andreas and Joe Delgado, from Disability Resource Agency for Independent Living, in Sonora.

In the sessions I learned about living life to the fullest no matter how old you are. Beverley shared information about how to use a variety of supports to live on your own, become active in your community, work, volunteering, and enjoying life! I felt inspired to accomplish my goals.

Mary Ellen shared information about supporting the people who work with us and making sure that they feel appreciated so that they keep doing great work. They support us and have dreams and goals, just like we do. Don't forget to say thank you to the people that support you.

Joe told us that no matter what other people tell you, you can accomplish your goals and make your dreams come true. Many people told him that he couldn't and he wouldn't in his life. He proved them wrong and has done so many amazing things. It's important to remember that you can too!!

Crystal Enyeart
ARC Amador People First
Self Advocacy Council 6 Secretary