



## 2017 – 2021 State Plan

The California State Council on Developmental Disabilities (SCDD) receives funding from the Federal Administration on Intellectual and Developmental Disabilities (AIDD). The State Council supports:

- Self-determination;
- Independence;
- Productivity; and
- Inclusion for all Californians with intellectual and developmental disabilities (I/DD) and their families.

This State Plan has 6 goals and 18 objectives for October 1, 2016 through September 30, 2021. There is 1 headquarters and 12 regional offices that do the work of this State Plan.

You can contact the State Council on Developmental Disabilities (SCDD) by calling one of the numbers listed below:

- (916) 322 – 8481
- Toll Free: (866) 802 – 0514
- TTY: (916) 324 – 8420

Or you can send an email to [council@scdd.ca.gov](mailto:council@scdd.ca.gov).

## Goal #1: Self-Advocacy

Californians with intellectual and developmental disabilities and their families will have increased support to advocate for:

- Self-determination; and
- Inclusion within their communities.

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**How will the Council achieve the Self-Advocacy goal?**

**Objective 1:**

The Council will increase knowledge about self-determination and person-centered planning by:

- Monitoring; and
- Supporting the Self-Determination Program.

**Objective 2:**

The Council will support self-advocate leaders in statewide networks through:

- Leadership training for self-advocates; and
- Strengthening self-advocacy organizations.



## Goal #2: Employment

Californians with intellectual and developmental disabilities and their families will have increased information on how to get competitive integrated employment.

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### How will the Council achieve the Employment goal?

#### Objective 1:

The Council will support strategies that encourage competitive integrated employment of people with intellectual and developmental disabilities.



#### Objective 2:

The Council will work with federal partners to increase:

- Advocacy; and
- Support of laws and policies that increase competitive integrated employment for people with intellectual and developmental disabilities.

## Goal #3: Housing

Californians with intellectual and developmental disabilities and their families will have increased access to housing that is:

- Affordable;
- Accessible; and
- Safe.

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### How will the Council achieve the Housing goal?

#### Objective 1:

The Council will work with housing organizations to increase development and availability of community housing for people with intellectual and developmental disabilities.



#### Objective 2:

The Council will identify and decrease barriers to housing for people with intellectual and developmental disabilities.

#### Objective 3:

The Council will work with federal partners to increase:

- Advocacy; and
- Support of laws and policies that increase housing for people with intellectual and developmental disabilities.

## Goal #4: Health & Safety

Californians with intellectual and developmental disabilities and their families will have more information to access:

- Health Services; and
- Public Safety Services.

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**How will the Council achieve the Health & Safety goal?**

**Objective 1:**

The Council will work with federal partners to increase information for people with intellectual and developmental disabilities and their families on:

- Availability; and
- Access to health and public safety services.

**Objective 2:**

The Council will work with federal partners and self-advocates to increase training on disability related issues for:

- Law enforcement;
- Court personnel;
- Healthcare providers; and
- Other care professionals.



## Goal #4: Health & Safety (continued)

### Objective 3:

The Council will work with federal partners to increase:

- Advocacy; and
- Support of laws and policies that increase access to health and public safety services for people with intellectual and developmental disabilities and their families.

## Goal #5: Lifelong Inclusive Education

Californians with intellectual and developmental disabilities and their families will have increased ways to get lifelong inclusive educational services.

### How will the Council achieve the Lifelong Inclusive Education goal?

#### Objective 1:

The Council will work with federal partners to increase information for people with intellectual disabilities and their families on:

- Developmental milestones; and
- Intervention services for families and professionals.

#### Objective 2:

The Council will work with partners to increase awareness and knowledge for families and self-advocates on:

- Availability; and
- Access to inclusive educational services.



## Goal #5: Lifelong Inclusive Education (continued)

### Objective 3:

The Council will work with partners to increase knowledge of individualized transition plans that lead to:

- Employment;
- Higher Education; or
- Independent living options.

### Objective 4:

The Council will work with federal partners to increase:

- Advocacy; and
- Support of laws or policies that will increase access to quality educational services for people with intellectual and developmental disabilities.



## Goal #6: Community Supports

Californians with intellectual and developmental disabilities and their families will have increased access to community-based services.

### How will the Council achieve the Community Supports goal?

#### Objective 1:

The Council will work with federal partners to:

- Reduce barriers; and
- Increase availability of Spanish language materials.

The Council will:

- Translate available California Regional Center Service information; and
- Track statewide service data of Spanish speaking clients.

#### Objective 2:

The Council will train people with intellectual and developmental disabilities who live in institutions so that they may:

- Move into the community; and
- Increase their ability to self-advocate.



## Goal #6: Community Supports (continued)

### Objective 3:

The Council will improve services for people with intellectual and developmental disabilities and their families through:

- Outreach;
- Training; and
- Technical assistance.

Training will include service issues within regional centers, education, transportation, public benefits, child care, and recreation.

### Objective 4:

The Council will work with federal partners to increase:

- Advocacy; and
- Support of laws and policies that increase access to quality community-based services for people with intellectual and developmental disabilities.

## Underlined Words and their Meanings

**Advocacy; Advocate; and Self-Advocacy** means that you speak up and speak out for your rights and issues.

A **Barrier** is something that stops you from doing something you want. It could include such things as a wall or a policy. Another person can be a barrier as well.

**Competitive Integrated Employment** means that you have the choice and opportunity to work that includes:

- Coworkers with and without disabilities;
- Competitive wages;
- Standard benefit packages; and
- Opportunity to achieve professional and career advancement.

**Developmental Milestones** are certain skills that a person develops by a certain age. These skills include:

- Learning;
- Moving; or
- Speaking.

## Underlined Words and their Meanings (Continued)

**Federal Partners** include:

- California Department of Developmental Services;
- Disability Rights California;
- University of Southern California, Children’s Hospital Los Angeles – University Center for Excellence in Developmental Disabilities (UCEDD);
- University of California Davis MIND Institute – University Center for Excellence in Developmental Disabilities (UCEDD); and
- University of California Los Angeles Tarjan Center Institute – University Center for Excellence in Developmental Disabilities (UCEDD).

**Inclusion** means that a person, regardless of their abilities, disabilities, or health care needs, is welcomed and respected in any situation.

**Inclusive Education; Inclusive Educational Services** means that you can attend a school with other students your age and you are supported to learn, contribute, and participate in all parts of school life.

**Independence** means that you have the freedom from others to make choices regarding your own life.

**Individualized Transition Plan** is a written plan that says what a student will need to live, work, and play as an adult.

**Intervention Services** include speech therapy, occupational therapy, and physical therapy. These services can help development.

## Underlined Words and their Meanings (Continued)

**Person Centered Planning** means that you identify your needs; you learn about available services; and you receive help in planning your services.

**Productivity** means that you can create meaningful things as part of the community.

**Public Safety Services** includes, but is not limited to, emergency medical services, fire and rescue services, and police services.

**Self Determination Program** is a program run by the California Department of Developmental Services (DSS) through the Regional Centers. This program will allow you to have more control in choosing of your services and your supports.

**Self-Determination** is a combination of attitudes and abilities that lead people to set goals for themselves and to take the initiative to reach these goals –Pacer Center